

## “Lunada” Wave Flare Trousers



These are my instructions for sewing the studioTANTRUM™ wave flare trousers *Lunada*. Other seamstresses may have different techniques; these are simply my suggested methods. Please also refer to the instructions on the pattern.

Much joy and success in your sewing project! Thank you for sewing *Lunada*. – Nancy Langdon



Note: Scale in the background of the photographs is 1x1 inch.

Please take measurements before beginning, especially hip circumference and side seam measurements. The pants will flare best and the waves really move when the pants are slim fitting. If your child is slim, you may want to reduce the seam allowance.

Fold the fabric along the midline. Pin the pattern pieces to the material and cut the pieces paying careful attention to the grain. For cutting the flounces, it is helpful to fashion a template from cardstock around which to cut or trace.

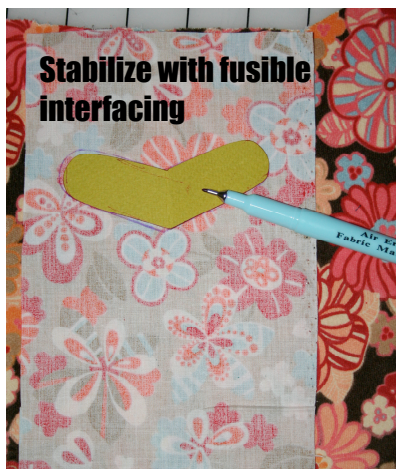
✂ Recommended cutting time saver: Cut 8 squares approximately the size of the flounces. Stack 4 of the pieces on top of each other and secure with pins or by baste stitching the edges. Place the template on top of the stack of fabric facing right. Cut with a rotary cutter or trace and cut with scissors. Turn the template over, to face left, place on top of the remaining 4 pieces and cut.



Stitch the saddle pieces to the back of the pant leg. Press and topstitch.



Stitch the pant leg front to the pant leg back along the out seam. Finish the seam edge, press and topstitch the out seam.



Make the inset heart-shaped pocket, if desired.

Strengthen the front pocket piece with fusible interfacing. Place the front pocket piece on the front of the pant leg, right sides together, and secure with pins or spray adhesive. The top edge of the pocket piece should be flush with the waist edge. The top of the pocket will be later secured in the waistband seam.

Trace the heart onto the back of the pocket.



Stitch along the traced heart with a small, close straight stitch.



Cut out the heart and trim closely along the stitched edge. Notch the points of the heart.

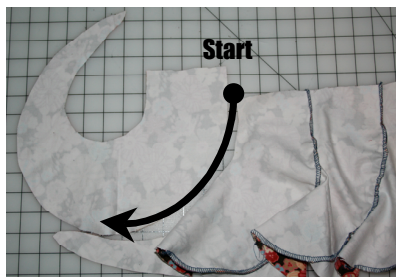
Turn the pocket through the hole and press flat.



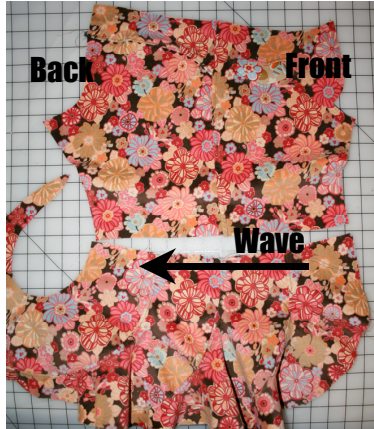
Topstitch around the heart cut out.



Place the pocket back on the pocket front and pin. Stitch around the edge with a four-thread over edge stitch.



Stitch 4 flounces together, left edge to right edge, right sides together. Stitch slowly through the curve and stretch the inner curve slightly to prevent tiny puckers forming in the seam. Press and topstitch the seam. Repeat for the other set of 4 flounces.



Pin the flounce row which waves to the right to the right pant leg. Stitch, finish, press and topstitch the horizontal seam. Pin the flounce row which waves to the left to the left pant leg. Stitch the seam, finish, press and topstitch.

Tip: Before stitching the flounces to the pant leg, measure the length and trim the top of the row of flounces, if necessary.



Stitch and finish the inseam, right sides together, and finish. The first flounce will connect to the fourth, thus creating the wavy flare.

To topstitch this seam, begin from the rise and stitch to the flare seam. Turn the pant leg around and stitch up from the hem of the flare to the top flare seam.

Turn one pant leg inside out. Place the pant leg turned right side out inside the inside-out pant leg.

Pin the rise and stitch the crotch seam. Fold the fly to the left and press.

Topstitch first around the inside edge of the fly to give the appearance of a zippered fly. Secure the bottom of the fly with small zigzag stitches. Continue topstitching the crotch seam.



Hem the pant flares. Options include bias tape, rickrack, a rolled hem or a simple folded hem.

Attach the elastic waistband.



## Lunada “Skirty Pants”

Completely sew the pants Lunada as described above, except leave off the waistband. It is easier to integrate the peplum without the waistband attached.

If you choose to include the inset heart pocket, please note the placement of the pocket and set somewhat higher, if necessary.

Pin the pocket bag up out of the way to prevent accidentally cutting or stitching the pocket.



Carefully cut the top of the pants at the markings into two pieces: The pant legs and the hip piece.



Cut seven flounces all in the same direction and trim the top 2-3 inches.

Stitch left edge to right edge as described above, stitching the seventh flounce to the first to make a little „mini skirt“.

The top edge of this peplum must match exactly the bottom edge of the hip piece. (Suggestion: Stitch three of the seven flounces together and then the remaining 4 flounces together. Compare these two sets to the hip piece. If something needs to be trimmed, there are four flounce edges from which to trim. Alternatively, beginners may choose to make the peplum from a plain rectangular piece gathered at the top edge.)



Pin the peplum to the hip piece, right sides together, and stitch. No need to finish the edge of this seam or topstitch as this point.

Hem the peplum (the photo to the left shows the peplum not hemmed, however, it is easier to hem the peplum before the pant legs are attached).

Fold the hip piece over the top of the peplum, insert the pant legs up under the peplum and pin along the peplum/hip piece seam. Stitch the pant legs to the peplum/hip piece. Finish the seam (three layers) with a four-thread over edge or zigzag stitch. Press the seam allowance down and topstitch.

Attach the waistband.

Finished!

